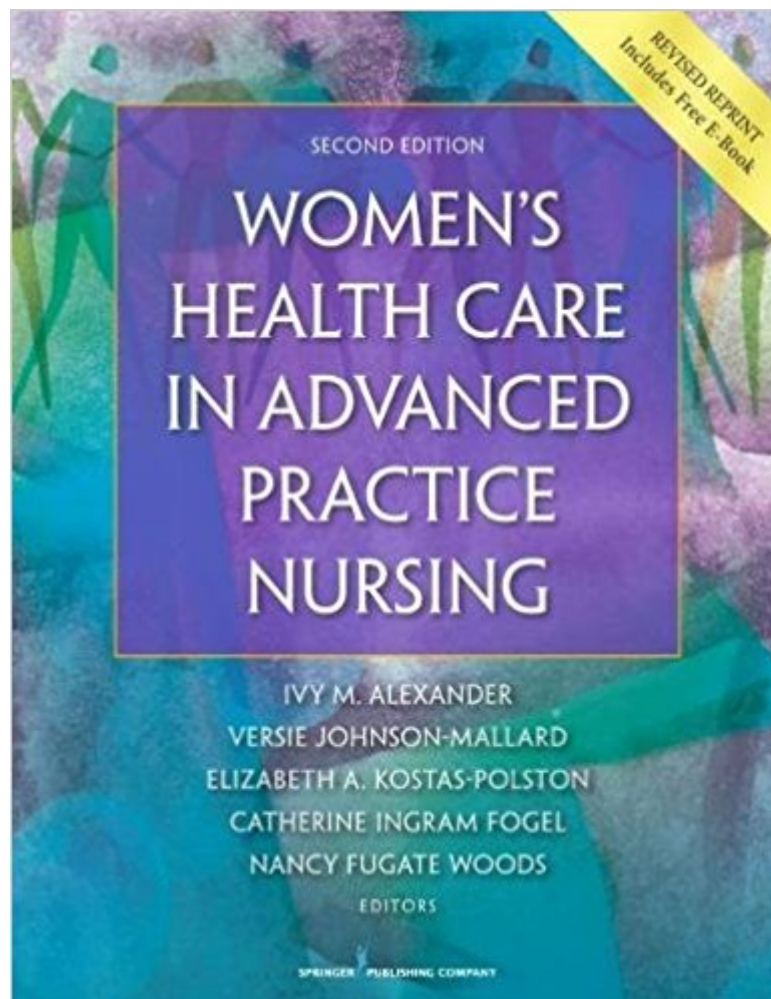




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# Women's Health Care In Advanced Practice Nursing, Second Edition



## Synopsis

Replete with vital information, the second edition of this authoritative women's health text provides graduate nursing students and nurse practitioners with the resources to deliver optimal health to women of all ages. Edited by a team of highly distinguished clinicians, scholars, and educators, chapters retain a distinctive sociocultural lens that gives a view of women's health as it relates to women's lives and identities. Eighteen new chapters address clinical primary care topics, genetics, environmental and occupational health promotion, health considerations for female caregivers, transgender care, urologic health concerns, dementia care, and more. An instructor's toolkit includes multiple resources to enhance critical thinking, and case studies engage critical thinking skills to apply the multidimensional content in context. This uniquely comprehensive resource examines women's health through a variety of clinical practice and theoretical frameworks such as feminism, feminist theory, and globalization. The second edition retains the important focus on prevention, managing symptoms, and health problems that are unique to women. Chapters address relevant legal issues, health throughout the life span, nutrition and exercise, sleep difficulties, mental health, LGBTQ health, fertility, substance abuse, violence against women, and dozens of specific health disorders.

**NEW TO THE SECOND EDITION:** Updated to include the most current evidence-based, primary care management guidelines in women's health  
Includes 18 new chapters addressing health promotion and symptom management  
Provides a robust instructor's toolkit to foster critical thinking  
Organized to enhance easy retrieval of numerous clinical topics  
Includes theoretical frameworks for women's health, health promotion and prevention, and women's health management  
Presents brand-new information on genetics, transgender health, endocrine-related problems, health considerations for caregivers, and dementia care

**KEY FEATURES:** Distills cutting-edge information on women's health issues through a sociocultural framework  
Offers a comprehensive investigation of key topics in women's health  
Edited by renowned scholar/educators for advanced practice nursing students

## Book Information

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## Customer Reviews

Ivy M. Alexander, PhD, APRN, ANP-BC, FAANP, FAAN, is clinical professor of nursing and director of Advanced Practice Programs at the University of Connecticut (UConn) School of Nursing. She maintains a clinical practice at UConn Health Internal Medicine in downtown Storrs. Her clinical, scholarly, and research interests are in midlife women's health care. She has worked extensively with menopause and osteoporosis management and has published and presented widely regarding these subject areas, including two books, which have been translated into Spanish, Greek, and Italian. She has been principal investigator on studies evaluating women's relationships with their primary care providers; Black women's perceptions of menopause, midlife health risks, and self-management techniques used to manage menopause symptoms and reduce health risks; and osteoporosis risks and management. She has consulted for national and international companies such as Athena Medical Products, Medscape, Wyeth-Ayerst, Duramed Pharmaceuticals, Pfizer, Eli Lilly, Roche, Venus Medical Communications, Amgen, and Datamonitor.

Versie Johnson-Mallard, PhD, ARNP, WHNP-BC, FAANP, FAAN, Robert Wood Johnson Nurse Faculty Scholar alumna, is a National Certification Corporation board-certified women's health nurse practitioner, faculty, and chair of Family, Community and Health System Science at the University of Florida College of Nursing. Scientific discovery and funding were with the Robert Wood Johnson Foundation, Department of Health and Human Services Office on Women's Health, National Institute of Nursing Research (NINR), and National Cancer Institute (NCI) under the National Institutes of Health (NIH). Sexual and reproductive health clinical inquiry was the impetus to advance scientific knowledge about innovative educational interventions designed to promote reproductive health and cancer prevention among young adults.

Dr. Johnson-Mallard's teaching, clinical practice, research, and publications are in the area of women's health, sexual and reproductive health promotion, human papillomavirus (HPV)/cancer screening/prevention/vaccination, and behavior change in response to culturally appropriate educational interventions. Dr. Johnson-Mallard provides consultation to partners who share interest

in the development of education material, clinical guidelines, and policy around reproductive health and cancer prevention.

Elizabeth A. Kostas-Polston, PhD, APRN, WHNP-BC, FAANP, FAAN, is a Robert Wood Johnson Foundation Nurse Faculty Scholar alumna and board-certified women's health nurse practitioner who holds a dual appointment as assistant professor in the Daniel K. Inouye Graduate School of Nursing at the Uniformed Services University of the Health Sciences, and Saint Louis University School of Medicine, Department of Otolaryngology, Head and Neck Surgery. She received her bachelor of science in nursing from Arizona State University, a master of science in nursing with specialization in women's health (obstetrics, gynecology, and primary care of women) from the University of Florida, and a doctor of philosophy from Loyola University Chicago. As a nurse scientist and Robert Wood Johnson Foundation Nurse Faculty Scholar, her scholarship is focused on ensuring the effective translation of knowledge for new approaches to health promotion, disease prevention, and the diagnosis, treatment, and management of HPV-related cancers. In support of her training, she was selected as a fellow and completed postdoctoral studies in genetics, genomics, and molecular biology at the National Institutes of Health/National Institute of Nursing Research. The primary aim of Dr. Kostas-Polston's clinical practice is to improve the health of women and their families. Toward this end, she works with others interested in the development of health promotion and disease-prevention strategies, evidence-based clinical guidelines, and health policy focused on sexual and reproductive and HPV-related cancer prevention.

Catherine Ingram Fogel, PhD, RNC, FAAN, is a research professor emeritus at the University of North Carolina at Chapel Hill School of Nursing. She is the author of several texts on women's health, including the award-winning Women's Health Care and the first edition of Women's Health Care in Advanced Practice Nursing, and has authored numerous research and clinical articles on women's health. For more than 35 years, she has had both a sustained research program and clinical practice with incarcerated women. Her research has increased nursing's awareness and understanding of the health problems of incarcerated women and their complicated lives. Fogel was the principal investigator on one National Institutes of Health (NIH)-funded grant focusing on prevention of sexually transmitted infections and HIV in women prisoners; another NIH-funded grant exploring the experiences of parenting from prison; a Centers for Disease Control and Prevention (CDC)-funded grant to deliver a sexually transmitted infection (STI) risk reduction intervention to HIV-infected women living in the Southeast, and an additional CDC-funded grant to adapt a proven HIV risk-reduction intervention to incarcerated women. Dr. Fogel was also a coinvestigator on a federally funded grant to determine if a comprehensive intervention, supporting seeking a "test" and a "treat, can result in significant reduction

in the potential for HIV-infected prisoners to retransmit their virus after release. Fogel is a member of the American Nurses Association and Sigma Theta Tau and a fellow of the American Academy of Nursing. She was certified as a women's health care nurse practitioner in 1982. She received a North Carolina Community Service Award for her work with women prisoners and the 1993 Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) National Excellence in Clinical Practice Award. Nancy Fugate Woods, PhD, RN, FAAN, is professor in the Department of Family and Child Nursing at the University of Washington. Since the late 1970s, she has led a sustained program of research in the field of women's health. Her collaborative research has resulted in an improved understanding of women's transition to menopause, including physical and emotional factors; has advanced nursing care for midlife women; and has provided women with a better understanding of their health. In 1989, Dr. Woods helped establish the Center for Women's Health Research at the University of Washington. Dr. Woods has served as president of the American Academy of Nursing, the North American Menopause Society, and the Society for Menstrual Cycle Research. She helped set research agendas as a member of the National Institutes of Health (NIH) Women's Health Task Force and Office of Women's Health Research Advisory Council. Her honors include election to the Institute of Medicine of the National Academies and to the American Academy of Nursing. She received the American Nurses Foundation Distinguished Contribution to Nursing Research Award and, in 2003, received the Pathfinder Award from the Friends of the National Institute for Nursing Research. She earned a BS in nursing from the University of Wisconsin, Eau Claire, in 1968; an MN from the University of Washington in 1969; and a PhD in epidemiology from the University of North Carolina, Chapel Hill, in 1978.

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